



## 2022 British Senior & U23 Mountain Running Inter County Championship race

**Saturday 7<sup>th</sup> May - Llanberis – Moel Eilio Ridge race, North Wales**  
12.6km/760m - 7.8miles/2500ft. 1pm

Race, maps, info - <https://britishintercountiesfellrunningchampionships.wordpress.com/>

**Yorkshire selection** will be 5 men including at least one MU23 and 5 Women including at least one WU23. Runners must be 19 as at 31<sup>st</sup> December 2022 to qualify.

**Qualification for selection to the Yorkshire Team for Inter County Championships;**

- by birth
- or residence for 9 months in the County.
- An athlete can only compete in these Championships for one County in any 12 month period.

**If you are interested in selection for these championships.**

**Contact** - Yorkshire Fells Inter County Championship Team Selectors & Team Managers:  
Eileen & David Woodhead B.E.M. Tel: 01535 669100.  
For updated information see; [www.woodentops.org.uk](http://www.woodentops.org.uk)